NOTTINGHAMSHIRE ASA
COUNTY CHAMPIONSHIPS 2022
Championship Conditions
Relay Team Declaration Form

Please ensure that this form is completed and handed into the timing room no later than the start of the warm up for the session in which the heat of the event is to take place.

Please see the meet conditions for full rules.

Please tick the event and age group this form is for.

Event	Gender	09/10 years	12 and Under	14 and Under	16 and Under	Open
4 x 50m Freestyle	Male					
4 x 50m Freestyle	Female					
4 x 50m Freestyle	Mixed					
4 x 50m Medley	Male					
4 x 50m Medley	Female					
4 x 50m Medley	Mixed					
4 x 100m Freestyle	Male					
4 x 100m Freestyle	Female					
4 x 100m Medley	Male					
4 x 100m Medley	Female					

Club/Team Name: *(as submitted)*	

Team Members (in order of swim)

Given Name	Family Name

Details of person submitting form:

Name (Please Print): .....

Signature: .....

Date: ..... Time: .....