Nottinghamshire ASA
Presents

The Summer Gala 2024

(Under Swim England Regulations and Technical Rules)
(Licensed Level 3 - 3EM240661)

Saturday 13th & Sunday 14th July 2024

Harvey Hadden Sports Village, Nottingham, 25m Pool

The aim of this event is to give swimmers of county and regional standard the opportunity to compete at the end of the season and continue training with a purpose.

NOTE: All warm up and start times are provisional.
To be confirmed when the entries have closed

Saturday

Afternoon - Warm Up 1:30pm			
101*	Open/Male	400m	Freestyle
102	Female	200m	IM
103	Open/Male	100m	Backstroke

Evening - Warm Up TBA			
201*	Female	400m	Freestyle
202	Open/Male	200m	IM
203	Female	100m	Backstroke

Sunday

Morning - Warm Up 8:00am			
301	Open/Male	200m	Freestyle
302	Female	200m	Breaststroke
303	Open/Male	100m	Butterfly
304	Female	100m	Freestyle
305	Open/Male	200m	Backstroke
306	Female	200m	Butterfly
307	Open/Male	100m	Breaststroke

Afternoon - Warm Up TBA			
401	Female	200m	Freestyle
402	Open/Male	200m	Breaststroke
403	Female	100m	Butterfly
404	Open/Male	100m	Freestyle
405	Female	200m	Backstroke
406	Open/Male	200m	Butterfly
407	Female	100m	Breaststroke

All communication will be via the county website and by email.

www.notts-swimming.co.uk

Ages are Age at date, 14th July 2024

Awards for the top 3 in the each age band:
9, 10, 11, 12, 13, 14, 15/OV

Final closing date for entries is Wednesday 19th June 2024

Entry fee per event £6.50

Poolside Passes cost £15 each (covers both days).

All entries must be submitted electronically via the club and emailed to the meet administrator by the closing date.

Electronic entry files to be emailed to: summergala@notts-swimming.co.uk

*400m events may be limited on heats depending on overall timing for the day.